


Kathleen E. Padilla, PhD

Post Doctoral Researcher
School of Criminology and Criminal Justice
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EXPERIENCE

Kathleen is currently working as a post doctoral researcher on a mixed-methods, randomized controlled trial evaluation of an officer wellness program. Her duties have included conducting qualitative interviews with law enforcement officers, creating a comprehensive survey to evaluate the behavioral, psychological, home-life, and work-life impact of the wellness program, as well as training and managing an undergraduate research assistant in the qualitative and quantitative components of the evaluation. Additionally, she has been responsible for creating and presenting executive summaries for the funding organization and other evaluation entities.

EDUCATION

- 2021 Doctor of Philosophy in Criminology and Criminal Justice
School of Criminology and Criminal Justice, Arizona State University
Dissertation Title: *Hiding behind the badge: An examination of stress, mental healthcare services, and barriers to accessing mental healthcare services among police officers*
Chair: Cassia Spohn, Ph.D.
- 2016 Master of Science in Criminology and Criminal Justice
School of Criminology and Criminal Justice, Arizona State University
Thesis Title: *Stress and maladaptive coping among police officers*
Chair: Michael White, Ph.D.
- 2014 Bachelor of Criminal Justice
Supplemental Major in Law & Society
Minor in Forensic Science
New Mexico State University

RESEARCH INTERESTS

Police officer health and wellness; police-community relations; perceptions of police officers; juvenile justice; positive youth development

PUBLICATIONS

*Graduate Student Co-Author

Manuscripts

Fine, A. D., **Padilla, K. E.**, & Tapp, J. (2021). Can working collaboratively with police on community service promote positive youth development?. *Police Practice and Research*, 1-21.

Huff, J.*, White, M.D., **Padilla, K.E.** (2021). “Judicial decision making in traffic cases: Examining the influence of officer body-worn cameras.” *Race & Justice*. (DOI: [10.1177/21533687211004696](https://doi.org/10.1177/21533687211004696)).

Fine, A., **Padilla, K.E.**, Tom, K.E.* (2020). "Youth Perceptions of Police Legitimacy: Identifying Developmental Trends and Changing Perceptions." *Journal of Experimental Criminology*.

Larson, M., Wallace, D., Somers, L.J.*, **Padilla, K.E.**, & Mays, R.* (2020). Recidivism and Relationships: Examining the Role of Relationships, Transitions, and Relationship Quality in Re-Incarceration. *Journal of Developmental and Life-Course Criminology*.

Padilla, K.E. (2020). Sources and Severity of Stress in a Southwestern Police Department. *Occupational Medicine*. (DOI: [10.1093/occmed/kqaa018](https://doi.org/10.1093/occmed/kqaa018))

Fine, A. D., **Padilla, K. E.**, & Tapp, J. (2019). Can Youths’ Perceptions of the Police Be Improved? Results of a School-Based Field Evaluation in Three Jurisdictions. *Psychology, Public Policy, and Law*.

White, M.D., Gaub, J.E., Malm, A., **Padilla, K.E.** (2019). Implicate or Exonerate? The Impact of Police Body-Worn Cameras on the Adjudication of Drug and Alcohol Cases. *Policing: A Journal of Policy and Practice*

Letters to the Editor

Muir, R., Flores, L. E.*, **Padilla, K. E.**, Salinas, M., Silver, E. M.*, & Mariano, E. R. (2021). A field on fire: Why has there been so much attention focused on burnout among anesthesiologists?. *Journal of Clinical Anesthesia*, 73, 110356.

Salinas, M., Flores, L. E.*, Muir, R., **Padilla, K. E.**, Silver, E. M.*, & Lorello, G. R. (2021). The Intersection of Identities: Additional Groups to Consider When Moving Toward a More Inclusive Psychiatry Workforce. *American Journal of Physical Medicine & Rehabilitation*.

Flores, L. E.*, Muir, R., **Padilla, K. E.**, Salinas, M., Silver, E. M.*, & Lorello, G. R. (2021). Three (more) tips to reduce socioeconomic bias in virtual anesthesiology interviews. *Canadian Journal of Anesthesia/Journal canadien d'anesthésie*, 1-2.

Silver, E. M.*, Flores, L. E.*, Muir, R., **Padilla, K.E.**, Salinas, M., & Lorello, G. R. (2021). Letter to the Editor on “Investigating faculty assessment of anesthesia trainees and the failing-to-fail phenomenon: a randomized controlled trial”. *Canadian Journal of Anesthesia/Journal canadien d'anesthésie*, 1-2.

Padilla K.E., Silver E*, Flores LE*, Muir R, Salinas M, Mariano ER. (2021). Fighting Burnout in the COVID-19 Era is a Family Matter. *Journal of Clinical Anesthesia*.
<https://doi.org/10.1016/j.jclinane.2021.110293>

Book Chapters

Maguire, E.R., Somers, L.J.* , & **Padilla, K.E.** (2020). Promoting Officer Health and Wellness. In *Transforming Police: 13 Key Reforms*. Long Grove, IL: Waveland Press.

Manuscripts in Progress

Padilla, K.E., Tom, K.E.* , & Fine, A.D. Accepting the Challenge: Understanding Officers' Perceptions of a Community-Service Oriented Program.

Padilla, K.E., Rockwell, A.R.* , & Huff, J. A Qualitative Exploration of Stress in a Criminal Investigations Section.

Smith, W.T.* , Rockwell, A.R.* , **Padilla, K.E.**, & Benton, F. Military experience, culture, health, and wellness among police chiefs.

Padilla, K.E. Police officer access to mental health services.

Industry Articles and Reports

Cross, A*. **Padilla, K.E.**, Fine, A.D. (2021). *Fun with the Fuzz Pilot Survey*. Technical report submitted to the Arizona Department of Child Safety.

Orosco, C*. **Padilla, K.E.**, Fine, A.D. (2020). *Wake Up! Program Pilot Survey*. Technical report submitted to the Phoenix Police Department.

White, M. D., Gaub, J. E., & **Padilla, K. E.** (2019a). Impact of BWCs on citizen complaints: Directory of outcomes. Bureau of Justice Assistance Body-Worn Camera Training and Technical Assistance.

White, M. D., Gaub, J. E., & **Padilla, K. E.** (2019b). Impacts of BWCs on use of force: Directory of outcomes. Bureau of Justice Assistance Body-Worn Camera Training and Technical Assistance.

Padilla, K.E., (2019). *Hiding behind the badge: A mixed-methods examination of stress, mental healthcare services, and barriers to accessing mental healthcare services among police officers*. A final report presented to the Las Cruces Police Department.

Gaub, J.E., White, M.D., **Padilla, K.E.**, & Katz, C.M. (2017). *Implementing a police body-worn camera program in a small agency*. Technical report submitted to the Bureau of Justice Assistance Body-Worn Camera Policy and Implementation Program.

White, M.D., **Padilla, K.E.**, Flippin, M.*, Katz, C.M. (2017). *Research Partnerships in the Bureau of Justice Assistance Body-Worn Camera Policy and Implementation Program*. Technical report submitted to the Bureau of Justice Assistance Body-Worn Camera Policy and Implementation Program.

Padilla, K.E. (2016). *Stress and Maladaptive Coping Among Police Officers*. A final report submitted to the Las Cruces Police Department.

Invited Webinars and Commentaries

Kramer, K., & **Padilla, K.E.** (2021). Invited podcast, “Grad Life: Mental Health and Work-Life Balance with Kelsey Kramer and Kathleen Padilla.” The Criminology Academy.
<https://thecrimacademy.podbean.com/e/ep-26-grad-life-mental-health-and-work-life-balance-with-kelsey-kramer-and-kathleen-padilla/>

Gaub, J.E., White, M.D., & **Padilla, K.E.** (2017). Invited commentary, “Body-worn cameras in small agencies: Challenges and solutions.” Special feature for the Bureau of Justice Assistance Body-Worn Camera Policy and Implementation Program quarterly newsletter, Winter 2017.

Other Publications

Padilla, K.E. & Fine, A.D. (2020, September 28). Kids’ perceptions of police fall as they age – for Black children the decline starts earlier and is constant. *The Conversation*.
<https://theconversation.com/kids-perceptions-of-police-fall-as-they-age-for-black-children-the-decline-starts-earlier-and-is-constant-145511>

RESEARCH EXPERIENCE

Research Assistantship

2021-Present A Mixed-Methods Randomized Controlled Trial Evaluation of an Officer Wellness Program
Principal Investigator: Adam Fine. Arizona State University
Duties included: creating interview guide, conducting interviews with officers, transcribing interviews, presenting executive summaries for funding organization, training and supervising undergraduate research assistant to conduct and transcribe interviews, analyzing qualitative data to create survey instrument; survey creation

2018-Present Team Kids Challenge: Officer Perceptions
Principal Investigator: Adam Fine. Arizona State University
Duties included: analyzing previous interviews, creating interview protocol, training undergraduates to conduct over-the-phone interviews with first responders, conducting literature searches, presenting materials, preparing manuscripts

- 2018-2020 Team Kids Challenge: Youth Perceptions
Principal Investigator: Adam Fine. Arizona State University
Duties included: creating survey instrument, designing survey instrument with *Scantron Design Expert*, coding data, managing a group of undergraduates with coding data, conducting literature searches, preparing manuscripts, presenting data, coordinating with agencies and organizations for continued data collection
- 2017-2018 Testing the Impact of De-escalation Training on Officer Behavior: The Tempe (AZ) Smart Policing Initiative
Funded by the Strategies for Policing Innovation for \$700,000. Principal Investigator: Michael D. White. Arizona State University.
Duties included: modifying and creating survey instrument, designing survey instrument with *Scantron Design Expert*
- 2017 Implementing Body-Worn Cameras in a Tight Knit Community: A Survey of Small Police Agencies
Funded by the Laura and John Arnold Foundation.
Principal Investigator: Michael D. White. Project Manager: Janne Gaub. Arizona State University.
- 2015-2016 Assessing the impact and consequences of police officer body-worn cameras: A multi-site randomized controlled trial
Funded by the Laura and John Arnold Foundation for \$500,000.
Principal Investigator: Michael D. White. Project Manager: Janne Gaub. Arizona State University.
Duties included: conducting over-the-phone citizen surveys, administering surveys, managing and handling sensitive data, coordinating with agencies

Other:

- 2019-Present Changing of the guard: A mixed-methods examination of the impact of leadership on police officer stress
Arizona State University. PI: Cassia Spohn
Duties included: modifying and designing survey instrument and interview schedule, administering surveys and conducting interviews, entering data and transcribing interviews, analyzing quantitative and qualitative data, presenting materials, writing executive summary
- 2017 Consultant
Officer Wellness Tool-Kit
Funded by the Office of Justice Programs
Duties included: conducting literature reviews on police officer wellness, preparing materials for publication

- 2016-Present A Qualitative Exploration of Police Stress in a Criminal Investigations Section
Arizona State University. PI: Michael White
Duties included: modifying and designing interview schedule, conducting interviews, entering data and transcribing interviews, analyzing quantitative and qualitative data, presenting materials, writing executive summary
- 2014-Present Stress and maladaptive coping among police officers Arizona State University.
Master's Thesis. PI: Michael White
Duties included: modifying and designing survey instrument, administering surveys, entering data, analyzing quantitative and qualitative data, presenting materials, writing executive summary, writing manuscripts
- 2015-2016 Choosing police work
Arizona State University. Natalie Todak
Duties included: transcribing interviews

TEACHING EXPERIENCE

- 2020-Present Instructor, Doña Ana Branch Community College
Introduction to Criminal Justice (CJ101G) - Online
Introduction to Juvenile Delinquency (LAW201) - Online
- 2019-2021 Instructor, Arizona State University
Crime Control Policies (CRJ 201) - Online
Juvenile Justice (CRJ 204) - Online
Seminar in Policing (CRJ 512) - Online
Seminar in Juvenile Delinquency (CRJ 517) - Online
Criminology (CRJ 309) – Online
Juvenile Delinquency (CRJ 404) – Online
- 2014-2016 Teaching Assistant, Arizona State University
Juvenile Justice (CRJ 204)
Drugs and Crime (CRJ 408)
Domestic Violence (CRJ 461)
Gangs (CRJ 462)
Seminar on the Nature of Crime (CRJ 521)
Domestic Terrorism (CRJ 419)
Domestic Violence (CRJ 461)
Advanced Criminology Theory (CRJ 308)
Race, Ethnicity, and Crime (CRJ 306)
Crime Control Policies (CRJ 201)
- 2016 Guest Lecture, Arizona State University
Juvenile Justice (CRJ 204)
Juvenile Justice (CRJ 204)
Advanced Criminological Theory (CRJ 308)

TEACHING INTERESTS

Policing, criminal justice policy, juvenile justice, criminological theory, research methods

PRESENTATIONS

- 2021 Cross, A*. **Padilla, K.E.**, Fine, A.D. *Fun with the Fuzz Pilot Survey*. Presentation to the Arizona Department of Child Safety and Phoenix Police Department.
- 2021 **Padilla, K.E.** Police Officer Access to Mental Health Services. *Arizona State University Watt's College of Public Service and Community Solutions Annual Doctoral Research Conference*, Phoenix, Arizona.
- 2021 **Padilla, K.E.** Cops' Use of Mental Health Services. Poster presented at the *Institute for Social Science Research Poster Contest*. Arizona State University.
- 2020 Tom, K.E.* , **Padilla, K. E.**, & Fine, A.D. "We can do more" impact of a 4 school, randomized control trial on police-youth relationships. Poster accepted to the *Institute for Social Science Research Poster Contest*. Arizona State University.
- 2020 Tom, K.E.* , **Padilla, K.E.**, & Fine, A.D. Improving perceptions of the police: Results from a randomized controlled trial. Paper presented to the *American Psychology and Law Society*, New Orleans, LA.
- 2020 Tom, K.E.* , **Padilla, K. E.**, & Fine, A.D. "We can do more" impact of a 4 school, randomized control trial on police-youth relationships. Poster presented at the *Western Society of Criminology*, Phoenix, AZ.
- 2019 Tom, K.E.* , **Padilla, K. E.**, & Fine, A.D. "We can do more" impact of a 4 school, randomized control trial on police-youth relationships. Poster presented at the *Annual Meeting of the American Society of Criminology*, San Francisco, CA.
- 2019 **Padilla, K.E.** "Changing of the guard: Understanding the impact of police leadership on stress." Paper presented to the *Annual Meeting of the American Society of Criminology*, San Francisco, California.
- 2019 **Padilla, K.E.**, Tom, K.E.* , Fine, A.D. "Empowering Children to Change the World" A Mixed-Methods Analysis of Improving Police-Community Relations." Poster presented at the *Symposium on Policing, Prosecution, & Power: Examining Processes of Law and Inequity*. University of Arizona.
- 2019 **Padilla, K.E.**, Tom, K.E.* , Fine, A.D. "Empowering Children to Change the World" A Mixed-Methods Analysis of Improving Police-Community Relations." Poster presented at the *Institute for Social Science Research Poster Contest*. Arizona State University.

- 2018 **Padilla, K.E.** “Becoming a Chameleon: An Exploration into Preparing Successful Detectives.” *Annual Meeting of the American Society of Criminology*, Atlanta, Georgia.
- 2018 **Padilla, K.E.** “You can’t expect a PG attitude in an R-rated world:” A Qualitative Exploration of Police Stress in a Criminal Investigations Section. *Arizona State University College of Public Service and Community Solutions Annual Doctoral Research Conference*, Phoenix, Arizona.
- 2017 Gaub, J.E., **Padilla, K.E.**, & Michael D. White, M.D. “Exploring the Unique Challenges of Body-Worn Camera Deployment in Small Law Enforcement Agencies.” *Annual Meeting of the American Society of Criminology*, Philadelphia, Pennsylvania.
- 2017 **Padilla, K.E.** A Qualitative Exploration of Police Stress in a Criminal Investigations Section. *Annual Meeting of the American Society of Criminology*, Philadelphia, Pennsylvania.
- 2016 **Padilla, K.E.** Life Course Criminology and Policing: Understanding and Explaining Police Misconduct through the Law Enforcement Career. *Arizona State University College of Public Service and Community Solutions Annual Doctoral Research Conference*, Phoenix, Arizona.
- 2016 **Padilla, K.E.** Life Course Criminology and Policing: Understanding and Explaining Police Misconduct through the Law Enforcement Career. *Annual Meeting of the American Society of Criminology*, New Orleans, Louisiana.
- 2016 **Padilla, K.E.** Stress and maladaptive coping among police officers. *Annual Meeting of the Academy of Criminal Justice Sciences*, Denver, Colorado.

HONORS AND AWARDS

- 2021 Certificate of Completion. *Diversity, Equity, and Inclusion in the Workplace*.
USF Office of Corporate Training and Professional Education
- 2021 Certificate of Completion. *Introduction to Structural Equation Modeling*.
The Center for Statistical Training by Curran-Bauer Analytics
- 2021 Best Paper Award, \$500
“Police Officer Access to Mental Health Services”
Watt’s College of Public Service and Community Solutions Doctoral Research
Conference
Arizona State University
- 2020 Knowledge Mobilization Spotlight Grant, \$100
Knowledge Mobilization Initiative
Arizona State University

- 2019 Institute for Social Science Research Poster Contest
Honorary Mention, \$400
School of Criminology and Criminal Justice
Arizona State University
- 2019 Individual Travel Grant, \$950
Graduate and Professional Student Association
School of Criminology and Criminal Justice
Arizona State University
- 2018 Doctoral Fellow
Academy of Criminal Justice Sciences
- 2016-2017 Doctoral Enrichment Fellowship
Arizona State University
- 2015-2016 University Graduate Fellowship
Arizona State University
- 2015 Certificate of Completion. *Police Stress and Emotional Survival*.
East Mesa Group, LLC.
- 2015 Crimson Scholar Graduate
New Mexico State University

PROFESSIONAL DEVELOPMENT

- 2021 *Burnout in Law Enforcement & First Responders: Building Resilience & Reclaiming Your Energy*. Webinar hosted by Justice Clearinghouse and Gabrielle Salfati.
- 2021 *The role of faculty presence in modern student engagement*. Webinar hosted by Yellowdig, Natalie D Murray, Bob Ertischek, and Natalie Ramos.
- 2021 Women's Leadership Group with Dr. Julie Silver
- 2021 Dona Ana Community College hosted:
Advancing Racial Equity and Justice on Campus
- 2021 Arizona State University hosted:
The Ethics of Peer-Review
Advanced Teaching Workshop
- 2020 ASC DWC Teach-In: Inspiration for meaningful online teaching on issues of race and gender during a global pandemic
Presented by the DWC Teaching & Pedagogy Committee

- 2020 Arizona State University hosted:
The Realities of Academic Life as a Student and Early Career Faculty
Preparing for the Academic Job Market (R1/Doctoral Granting Programs)
Preparing for the Teaching/Master's Granting Job Market
- 2019 Arizona State University hosted:
Collaboration Do's and Don'ts- Student/Student, Faculty/Student,
Faculty/Faculty
Conference Presentations
Preparing for the Academic Job Market (R1/Doctoral Granting Programs)
Preparing for the Teaching/Master's Granting Job Market
- 2018 Arizona State University hosted:
Systematic Social Observation of the Police
Using Loops and Macros in Stata
Teaching 101 and Establishing Instructor Presence
- 2018 International Summer School for Policing Scholars
Sponsors: the Center for Evidence-Based Crime Policy at George Mason
University, the Scottish Institute for Policing Research, the School of
Criminology and Criminal Justice at Arizona State University, the International
Association of Chiefs of Police, and the Center for Justice, Leadership, and
Management at George Mason University
Fairfax, Virginia
- 2018 American Society of Evidence-Based Policing Annual Conference
Temple University, Philadelphia, PA
- 2018 ACJS Doctoral Student Summit
Academy of Criminal Justice Sciences
- 2016 Arizona State University hosted:
Applying for Grants/ Fellowships
R Workshop, presented by Jacob Young, Ph.D.

SERVICE

Service to the Field

- 2021 Speaker, "Job Market Brownbag"
Hosted by: Graduate Student Organization, Sam Houston State University
- 2020- Mentor
Dr. Christine Rasche Mentoring Program
Division on Women and Crime

2019- Book Reviews
Hurt: Chronicles of the Drug War Generation by Miriam Boeri

2017- Book Chapter Reviews
“Crime Hot Spots,” David Weisburd, *Oxford Research Encyclopedia of Criminology and Criminal Justice*

Peer reviewer *Police Quarterly, Comprehensive Psychoneuroendocrinology, Justice Evaluation Journal, Police Practice and Research: An International Journal*

Service to the University

2017-2018 Teaching Award Reviewer
GPSA

2017 Member
Devils 4 Devils Care Squad
Arizona State University

2017 Student Representative
Arizona State University External Review
Arizona State University

Service to the School/College

2017-2019 Chair
Graduate Student Committee
Arizona State University

2018-2021 Peer Mentor
Arizona State University

2017-2019 Reviewer
Student-Led Practice Conference Presentation Panels (ASC, WSC, ACJS)
Arizona State University

2016-2017 Co-Chair
Graduate Student Committee
Arizona State University

2016-2017 Coordinator
Annual Lecture on Criminology and Criminal Justice by a Distinguished Scholar: Dr. David Weisburd, Arizona State University

PROFESSIONAL AFFILIATIONS

American Medical Women’s Association

American Society of Criminology
Division of Policing

Academy of Criminal Justice Sciences
Division of Policing
Division of Minorities and Women

PROFESSIONAL REFERENCES

Cassia Spohn

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Adam Fine

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