

**Enhancing the lives of people
living and working in our correctional system
through research, education, and community engagement.**

Hypermasculinity and Incarceration: Exploring Barriers to Rehabilitation

Summary

- Purpose was to examine the barriers that exist to engagement in programming and the rehabilitative process during incarceration
- Emphasis on incorporating the perceptions of incarcerated men
- Findings revealed that several factors influence program engagement and rehabilitation

Data and Methods

- 5 incarcerated men at a medium security prison
- Loosely-structured, in-depth interviews

Findings

- Prison code and masculinity attitudes indirectly influence program engagement
- Yard environment can support rehabilitative efforts
- Reasons for program participation influence program quality
- Effective programs address past behavior, confront root problems, and encourage self-reflection

Implications

- Address prison code and masculinity
- Use therapeutic interventions
- Continue the Impact of Crime on Victims Class and similar programs
- Discuss effective programming and rehabilitation with incarcerated people

Select Publications

Morse, S.J. (2017). *Hypermasculinity and incarceration: Exploring barriers to rehabilitation*. (Unpublished master's thesis). Arizona State University, Phoenix, AZ.