Hypermascuinity and Incarceration: Exploring Barriers to Rehabilitation

Summary

• Purpose was to examine the barriers that exist to engagement in programming and the rehabilitative process during incarceration
• Emphasis on incorporating the perceptions of incarcerated men
• Findings revealed that several factors influence program engagement and rehabilitation

Data and Methods

• 5 incarcerated men at a medium security prison
• Loosely-structured, in-depth interviews

Findings

• Prison code and masculinity attitudes indirectly influence program engagement
• Yard environment can support rehabilitative efforts
• Reasons for program participation influence program quality
• Effective programs address past behavior, confront root problems, and encourage self-reflection

Implications

• Address prison code and masculinity
• Use therapeutic interventions
• Continue the Impact of Crime on Victims Class and similar programs
• Discuss effective programming and rehabilitation with incarcerated people

Select Publications


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