

## Parent Resource List

Below is a list of local and state resources that can be used to obtain: 1) Mental and behavioral health services; 2) Shelter, food, and financial support services; 3) Services for domestic violence victims; and 4) Crises hotlines for urgent mental health concerns. If you have any questions regarding accessing these services, feel free to reach out to your designated Family Check-Up Online support specialist.

### Mental and Behavioral Health Services for Families

#### **Family Service Agency**

*Locations in: Mesa & Phoenix*  
2400 N Central Ave #101  
Phoenix, AZ 85004  
(602) 264-9891  
[www.fsaphoenix.org](http://www.fsaphoenix.org)

#### **Valle Del Sol**

502 N. 27<sup>th</sup> Ave.  
Phoenix, AZ 85009  
(602) 523-9312: Scheduling Services  
(602) 258-6797: Main number  
<https://www.valledelsol.com/>

#### **Phoenix Interfaith Counseling - Terros**

*4 Locations in the Valley*  
(602) 685-6000  
<https://www.terroshealth.org/counseling-services/>

#### **Southwest Behavioral Health**

3450 N 3<sup>rd</sup> Street  
Phoenix 85012  
(602) 265-8338  
<https://www.sbhservices.org/>

#### **Jewish Family & Children Services**

4747 N 7th St., Suite 100  
Phoenix, AZ 85014  
(602) 256-0528: Scheduling Services  
(602) 279-7655: Main number  
*AHCCCS Only*  
<https://www.jfcsaz.org/>

#### **Touchstone Behavioral Health**

*Locations in: Mesa, Glendale, Phoenix*  
(866) 207-3882  
<http://www.touchstonebh.org>

#### **Chicanos Por La Causa**

6850 W. Indian School Rd.  
Phoenix, AZ 85033  
(623) 247-0464  
<https://cplc.org/hhs/behavioral-health.php>

#### **Bayless Behavioral Health**

*Locations in: Tempe, Mesa & Phoenix*  
(602) 230-7373  
<https://www.denova.com/services/emotional-behavioral-health/>

#### **Clinical Psychology Center at ASU**

1100 E University Dr Suite 116, Tempe, AZ 85281  
(480) 965-7296  
<https://psychology.asu.edu/clinical-psychology-center>

#### **Banner - University Medical Center Phoenix**

1111 E McDowell Rd  
Phoenix, AZ 85006  
(800) 254-4357  
<https://www.bannerhealth.com/services/behavioral-health>

## Food, Shelter, and Financial Support Services

### **Central Arizona Shelter Services**

(602) 256-6945

<https://www.cassaz.org/>

### **St. Vincent de Paul Dining Room**

(602) 266-4673

<https://www.stvincentdepaul.net/>

### **St. Mary's Food Bank**

(602) 242-3663

<https://www.firstfoodbank.org/>

### **AZ Food Bank Network**

(602) 528-34344

<https://azfoodbanks.org/>

### **211 Arizona Hotline**

Just dial 211

*Assistance finding food, paying house bills, accessing free childcare, and other family support services.*

<https://211arizona.org/>

### **Arizona Department of Economic Security**

*Information on how to apply for financial assistance for medical care, food, childcare, and mortgage payments.*

<https://des.az.gov/services>

## Resources for Domestic Violence Victims

### **Arizona Coalition against Domestic Violence**

2800 N Central Ave., Suite 1570

Phoenix, AZ 85004

(602) 279-2900 or 1-800-782-6400

[www.azcadv.org](http://www.azcadv.org)

### **My Sister's Place**

4747 7<sup>th</sup> Ave. Phoenix, AZ 85013

(602) 285-1999

<https://www.catholiccharitiesaz.org/phoenix/domestic-violence>

### **Shelters Without Walls**

*Jewish Family & Children Services*

*Phoenix, AZ*

(602) 452-4640: English

(602)534-3087: Spanish/Español

<https://www.jfcsaz.org/our-services/domestic-violence-survivor-services/>

### **Chrysalis Phoenix Shelter**

2055 W Northern Avenue

Phoenix, AZ 85021

(602) 955-9059

<http://www.noabuse.org/>

**If you or someone you know is suicidal or experiencing an urgent behavioral health crisis, call one of these crisis lines:**

Maricopa Crisis Line: (602) 222-9444

Mercy Care Emergency Evaluation: (800) 564-5465

Arizona Statewide Crisis Line: (844) 534-4673